## **Natural Health Tips**

## **Artificial Sweeteners**

Did you know Aspartame has been renamed and is now marketed as a "*natural*" sweetener?...

Artificial sweeteners have gotten a bad reputation over the years. Studies have shown that some of them can cause cancer, others can cause brain damage and symptoms similar to other diseases like multiple sclerosis and fibromyalgia - and they all harm the body's ability to metabolize sugars, increasing the risk of developing diabetes.

In order to avoid the stigma, Ajinomoto, the company that produces aspartame, has changed the name of the prodyct to AminoSweet. It has the same toxic ingredients. The only difference is a healthier sounding name.

Despite the evidence gained over the years showing that aspartame is a dangerous toxin, it has remained on the global market. It continues to gain approval for use in new types of food despite evidence showing that it can cause neurological brain damage, cancerous tumors, and endocrine disruption, among other things.

You may be surprised to learn that Aspartame was initially developed as a drug. And that upon the discovery of its sweet taste, it was magically transformed from a drug to a food additive. Marketing it as a food additive, its creators are not legally obligated to report cases of disease or death reported as being linked to it.

Beware of a wolf dressed up in sheep's clothing - or in this case Aspartame dressed up as Aminosweet.

(This page is under construction - we apologize for the inconvenience this may cause.)