

# Natural Health Tips

## To Scan Or Not To Scan?... ...This Is The Question

There's been a lot of talk over the news recently about benefits versus risks of mammograms and CT scans. Despite the fact that the reasoning behind some of the theories are hilarious, I was very happy to hear the bottom line recommendation: if you don't have serious reason to suspect a tumour, don't do the scan or the mammogram. They can do more harm than good.

*(This page is under construction - we apologize for the inconvenience this may cause.)*